



# Three-Gun Camp South Africa

## February 20-27, 2022



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## Summary

**What it is:** SwissAAA offers the opportunity to participate in an intensive 6-day training camp in South Africa. The event includes 3-gun and IDPA sports shooting instruction, practice and competition using handgun, rifle and shotgun.

**Who should participate:** Participants must have a solid prior education in safe firearms handling. Experience in competitive shooting is a plus. In addition, a good general fitness level is required.

**What is the outcome:** At the end of the camp you will have learned about, trained and competed in several sports shooting disciplines. Apart from some hard work, you will have enjoyed the breathtaking views, usually marvelous weather and excellent South African food. You will have made new friends and strengthened existing bonds.

**When it is:** February 20-27, 2022

**Where it is:** The camp will be on the fantastic facilities of the False Bay Sports Shooting Club near Cape Town, South Africa. SwissAAA is organizing and performing this unique week in close collaboration with our partners from the False Bay Firearm Training Academy.

## Participants

Participation is open for approved guests. Guests will have to conform to the standard SwissAAA rules for attending sports shooting events and will have to proof sufficient firearms handling proficiency.

## Program

During the whole training and competition week, each day will be action packed from early morning to late evening. On occasion, night exercises will be performed. Consequently, there will be little to no time at all for extended sightseeing or entertainment during the week. Please plan your stay in South Africa accordingly so that you can profit fully from the program. We highly recommend to explore the magnificent country of South Africa and enjoy the many attractions it has to offer either before or after the camp.

### *Arrival*

All the participants should arrive latest on Sunday evening at 6pm sharp in our team base in Noordhoek for the common welcome dinner.

### *Week Plan*

Each day will start in the morning at 8am and conclude in the evening around 6pm. Some days will be extended until 11pm as needed. Periodic breaks and a one-hour lunch break will allow to regain strength and concentration during the day.

The instructors will adapt the detail program to the actual situation. The speed and difficulty level will be modulated according to the daily performance and progress of the group. The safety of all involved persons will always be the top priority.



The draft program for the week looks as follows:

Day	Goals
<b>Monday</b>	<ul style="list-style-type: none"> <li>▪ Set standards for safety and discipline for the week</li> <li>▪ Handgun Refresher</li> <li>▪ Rifle Refresher</li> <li>▪ IDPA Classifier</li> </ul>
<b>Tuesday</b>	<ul style="list-style-type: none"> <li>▪ Shotgun Refresher</li> <li>▪ Handgun Drill</li> <li>▪ Rifle Drill and Test 1-2</li> </ul>
<b>Wednesday</b>	<ul style="list-style-type: none"> <li>▪ Shotgun Drill and Test 1-2</li> <li>▪ Bolt Action Rifle Intro</li> <li>▪ 3-Gun Intro</li> <li>▪ Low Light Scenario</li> </ul>
<b>Thursday</b>	<ul style="list-style-type: none"> <li>▪ Handgun Drill</li> <li>▪ Clay Intro</li> <li>▪ 3-Gun Stages</li> </ul>
<b>Friday</b>	<ul style="list-style-type: none"> <li>▪ In &amp; Around House</li> <li>▪ In &amp; Around Vehicle</li> <li>▪ Shootout</li> </ul>
<b>Saturday</b>	<ul style="list-style-type: none"> <li>▪ IDPA and/or 3-Gun Competition</li> </ul>

The program will be finalized according to the availability of the local instructors, planning of the competition and the discussion and acceptance by the team.

## Departure

Participants are free to follow their own schedule starting the next Sunday in the morning.

## Equipment

There is a gun shop right on the range. We will pre-order the necessary rental weapons and ammunition for all registered participants.

If you have special needs, it is best to address them early. Many quality items can be acquired in South Africa. Since we cannot anticipate each participant's needs please discuss well in advance.

Weapons		
Item	Details	Mandatory
Handgun	Upon invitation to a competitive sports shooting event, it is possible to temporarily import a handgun along with a maximum of 200 rounds. For those interested to do that we will organize the invitation and provide guidance about the process. Otherwise the handgun has to be rented at the range. We recommend 9×19 calibre for cost efficiency. Mandatory are a minimum of 4 magazines in total.	Yes Temporary import or rent
Rifle	All participants will rent rifles at the range along with the necessary magazines. While temporary import is theoretically possible, we do not support it due to the administrative effort required.	Yes Rent
Shotgun	All participants will rent shotguns at the range. While temporary import is theoretically possible, we do not support it	Yes Rent



	due to the administrative effort required.	
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Ammunition		
Item	Details	Mandatory
9x19 .223 or 7.62x39 .308 12-70	We will pre-order the necessary ammunition needed for all participants. The participants will pay their ammo usage at the range.	Yes Buy

Personal Equipment		
Item	Details	Mandatory
Eye/Ear	Eye and ear protection. We recommend to bring sun and low light options for the eyes.	Yes Bring
First Aid Kit	Practical personal first aid kit.	Yes Bring
Slings	Slings for the rifle and shotgun. Bring one or two general use slings and some attachment gear (for improvised attachments).	Yes Bring
Holsters	Minimum one IDPA legal holster. Additional holster (e.g. level 2 retention holsters) are recommended. For those not importing their own handguns make sure to check on type of rental gun and availability of holsters with us beforehand.	Yes Bring or Buy
Belt	Suitable belts for open and IDPA legal carry.	Yes Bring
Rig	We recommend to bring a rig to carry a minimum of 3 rifle magazines of 30 rounds .223 and/or 7.62x39 type.	Recommended Bring or Buy
Vest or similar	Some vest or pouches to carry shotgun ammunition and allowing fast ammo changes is recommended.	Recommended Bring or Buy
Cleaning kit	Cleaning kits for 9mm, .223, .308 and 12-70. All participants will need to be able to maintain their firearms.	Yes Bring
Flash light	Flash light that can be hand-held incl. a carry possibility. Optional are mounting possibilities.	Yes Bring
Footwear	Sturdy footwear is an absolute must.	Yes Bring
Shirt or vest	Suitable for concealed carry as required for IDPA competition.	Yes Bring
Cap/Hat	Bring along a suitable cap and hat for sun protection.	Yes Bring
Gloves	Light sturdy gloves can be useful for intensive drill exercises and other challenges.	Recommended Bring or Buy
Pads	Elbow and knee pads are strongly recommended as the ground can be hard, rocky and generally unforgiving.	Recommended Bring or Buy
Long Trousers	While shorts may look and feel cool, a sturdy pair of long trousers is highly recommended.	Recommended Bring or Buy



When assembling your equipment remember that we will be outdoors and in mid-summer. The sun can be very intensive so it is wise to bring good sun protection and to cover your head. It can rain occasionally, so some light rain gear might be useful as well.

## Travel

### *Flights*

There are many flights from Switzerland to Cape Town. Edelweiss flies directly from Zurich to Cape Town. Most other options involve at least one stop. If you are bringing along your own handgun, consult with the airline on possible transportation restrictions.

You will need to book your own flights around the course dates.

### *Rental Cars*

We recommend to hire and share cars to get to and from the range and other locations.

One little thing: South Africans drive on the 'wrong' side, so stay alert especially at night!

### *Accommodation*

You will need to organize your accommodation near Simons Town or Noordhoek. We recommend to stay at the Ocean Golf guesthouse in Noordhoek.

## Course Cost

<b>Camp fee</b>	<b>CHF 850.00</b>	<b>Including: instruction, range fees, match fees, range material, range staff. To be paid in advance.</b>
Ammunition	Approx. CHF 900.00	Including 1000 9x19, 700 223 or 7.62x39, 400 12ga Due to the current ammo shortage and price volatility this is a rough estimate. The participants pay their actual ammo consumption directly at the range.
Lunch at range (5x)	Approx. CHF 100.00	To be paid at the range.
Gun rentals (whole week)	Approx. CHF 100.00	To be paid at the range.
Flights		Individual
Accommodation		Individual
Meals		Individual (except lunch at the range)
Rental cars		Individual (participants can share cars to save on costs)



## Some more rules

### **Conduct**

Safety is the paramount principle of the whole camp. Make sure you handle your firearms safely at all times even when exhausted. It's better to act a little slower but stay safe than to rush things and be sorry later. Your head is the most important tool for all the challenges of the week. Stay on top of what you are doing at all times!

The participants will work as a team throughout the whole duration of the camp. Everybody will have an equal chance to learn and perform according to his or her abilities. If you see another person struggling get outside of your comfort zone to help him or her and make the team successful.

All participants need to be on time and ready for action as the program demands. Breaks are taken as a group and not individually. If you feel you have to leave the group for whatever reason, ask your instructor first.

Be polite and show respect to all persons at all times. To all other shooters, visitors of the range, workers, personnel of the facility and so on you are an ambassador of SwissAAA and sport shooting.

### **Registration and Cancellation**

Once the (pre-)payment is received and the participant is approved, the registration is deemed definitive.

Cancellation by the participant is only possible for reasons of 'force majeure' such as e.g. grave illness or accident. For any refund, corresponding proof will have to be produced such as e.g. medical certificates or police records that clearly show that the participant could not anticipate the situation and he or she is prevented from participating beyond any doubt. SwissAAA has to be notified in writing with all required documentation latest 30 days prior to camp start. Later than that, only a partial or no refund may be possible. From 10 days prior to camp start onwards no refund is possible in any case.

Cancellation by SwissAAA is possible at any time for violation of safety rules or in case of gross misconduct by the participant such as for example:

the concerned person

- has made false statements to get registered
- poses a safety risk to himself or herself or any other person
- demonstrates gravely undisciplined behaviour such as disobeying the instructors or violating range rules

Such a cancellation can be done prior to the event or on the spot by the instructor in charge. No refund whatsoever is possible if SwissAAA cancels a participant.



# Appendix

## Registration Form

Camp Details			
Camp Name	Three-Gun Intensive Camp		
Camp Dates	Feb 20-27, 2022		
Personal Information			
First Name		Last Name	
Street Nr		Zip Code City	
Email		Mobile	
Temporary Import			
Handgun	YES	I will temporarily import my own pistol	
	NO	We will try to reserve a Glock 17 or similar 9mm pistol for rent and inform you once the type of the gun is confirmed.	
Payment			
Once the full or the pre-payment is received and the participant is approved, the registration is considered definitive. Re- reimbursement is only possible due to 'force majeure' (e.g. grave illness or accident).			
Full amount now	CHF 850.-	YES	
Pre-payment now Rest payment latest 30 days before camp start	CHF 400.- CHF 450.-	YES	
Remarks			
Please let us know if you have any special remarks.			
Signature			
I register for the event. I have read and understood this document fully.			
Date		Signed	

Please send back scanned to [andreas\\_pfenninger@yahoo.com](mailto:andreas_pfenninger@yahoo.com)



## Links

SwissAAA	<a href="http://www.swissaaa.org">www.swissaaa.org</a>
False Bay Sports Shooting Club	<a href="http://www.falsebaysportshooting.co.za">www.falsebaysportshooting.co.za</a>
False Bay Firearm Training Academy	<a href="http://www.firearmtrainingacademy.co.za">www.firearmtrainingacademy.co.za</a>
SAPS Temp Import	<a href="https://www.saps.gov.za/services/flash/firearms/importation.php">https://www.saps.gov.za/services/flash/firearms/importation.php</a>
IDPA	<a href="http://www.idpa.com">www.idpa.com</a>
Edelweiss	<a href="http://www.edelweissair.ch">www.edelweissair.ch</a>
Rhino Car Hire	<a href="http://www.rhinocarhire.com">www.rhinocarhire.com</a>
South Africa Tourism	<a href="http://www.southafrica.net">www.southafrica.net</a>
Cape Town Tourism Info	<a href="http://www.capetown.travel">www.capetown.travel</a>
Simons Town Tourism Info	<a href="http://www.simonstown.com">www.simonstown.com</a>